

**Open Graded meeting**  
**Crown Point Track**  
**28th August 2007**

Three club members took part in the Open Graded meeting at Crown Point in Glasgow on Tuesday. **Ian Robertson** set a personal best when winning the 1500 metres second race in 4:27.4 which was only six tenths slower than his personal best set on Sunday - he was also eight seconds clear of the second finisher so could maybe have benefited from a faster race. Under 17 **Ryan Nelson** and Under 13 **Tony Dolan** took part in the same race and although Ryan started the faster, Tony held back a bit and finished very strongly to be fourth and the second Under 13 in the race. Both boys set personal best times of 5:15.3 and 5:20.5. It was a good meeting in good weather and all three felt that it had been a worth while competition.