

Senior Men's Track League
Meadowbank, Sunday 22nd July 2007

The third match in the Senior Men's Track League took place in ideal weather conditions at Meadowbank Stadium on Sunday. The meeting started with a personal best in the long jump by Under 17 athlete Anton Russell when he leapt out to 5.67 metres which placed him second. Anton then went on to clear 1.5 metres in the high jump to be fifth. Colin Gray is becoming a big points scorer in the League for the club in the throwing events. His first event was the hammer in which he was fifth of the nine competitors with 19.38 metres. He went on to the Discus where he was again fifth with 19.38 and Donald MacLeod was fifth B string with 16.93. Colin was again fifth in the javelin with 16.8 metres and Donald was fifth in the B string with 12.59 metres.

On the track the sprinters were big points earners for the club. In the 100 metres Derrick Speirs was second with 11.25 seconds and Johnathan Farrell won the B string in 11.54 seconds. The same duo took part in the 200 metres with slightly better results. Derrick won this time with 22.44 seconds to take first place by 0.01 of a second. Johnathan repeated his victory in the 100 in a personal best and new club Under 17 record of 23.28 seconds. Ryan Savage ran into third place in the 400 in 54.13 seconds. In the 1500 metres Derek Halpin was seventh with 5:05.46 and Gerard Montgomery was third B string in a time of 5:09.82. Paul Carroll was running in only his second track 5000 metres and he improved on his time with 17:35.01 to be fourth A runner and Peter Cartwright ran 19:12.5 for third B string.

Came the 4 x 100 metres relay and since the team was a man short, team manager and throws expert Donald MacLeod stepped into the breach and ran the opening leg for the team with Ryan Savage, Anton Russell and Johnathan Farrell making up the squad. The team was fifth of the nine competing clubs and at the end of the afternoon the club was placed fourth. Given the shortage of athletes due to the holiday period, this was a good result.